

# ARROWMONT

SCHOOL OF ARTS AND CRAFTS

Medium: Textiles

Instructor: Parul Naresh

Dates: June 29 – July 11, 2025

## COURSE DESCRIPTION

I have always believed teaching to be a means to converse, inspire, brainstorm ideas while techniques are taught and learned. In my role as an educator, I have an opportunity to expand the community of makers, and instigate conversations around importance of learning and practicing traditional, ecofriendly processes. Together, we can collaborate to follow a process that heal each-other, communities and landscapes we live through. This workshop will focus on basic dyeing processes, moving gradually through each step, class will also focus on pre-dyeing and post-dyeing processes that are integral to achieving best results. Students will use fresh plant material as well as dried/powdered form to dye cotton, linen and silk fabrics developing an array of colors. Students will make swatch books for later reference and to do a comparative study, understanding how various factors can impact different dyes and colors. The instructor will also demonstrate the traditional Indian tie-dye technique—Bandhini, using turmeric as a dye to incorporate additional layer to our process of dyeing. Each participant will have opportunity to experiment, explore and expand their understanding by working independently on a small personal project in week two. This workshop is for all levels.

## WHAT TO BRING

- Supplies for taking notes, such as notebook and pencil/pen.
- Calculator (on phone is fine)
- Initial sampling fabric will be provided, but feel free to bring additional fabrics in natural
- fibers (cotton, linen, wool, silk) to play around with (think in terms of samples &
- experiments, not yardage)
- Well-fitting reusable rubber gloves, dishwashing length or longer depending on personal preference.
- Fabric scissors (optional)
- Although nontoxic, some of our materials are powdered, so if you are sensitive to powders you may want a dust mask for mixing.
- Swatch cards and Stapler/tape/double sided tape
- Labels
- Flash drive (to protect and save data to and from Library computers)

**Planning to purchase materials from the Supply Store for your workshop?** Keep in mind that the Supply Store carries a limited selection and cannot guarantee that all materials listed by your instructor will be in stock. Please call **865-436-5860 Ext. 25** or email Celeste Rudd at **crudd@arrowmont.org** to reserve your selection prior to arrival.

MATERIALS FEES | **\$70.00-\$160.00**

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Fees are assessed on an individual class basis and may vary from class to class depending on the amount of materials used and the number of students in the class, this keeps your out-of-pocket costs lower than a typical flat fee. Fees include all provided studio materials as assigned by the Instructor. Material fees are to be paid in the Supply Store no later than midday on the last day of workshop instruction.

**Please be advised that the above course description and materials list has been written and approved by the instructor.**

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Instructor Contact  
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