

ARROWMONT

SCHOOL OF ARTS AND CRAFTS

Medium: Fibers

Instructor: Franchell Mack Brown

Dates: July 19-24, 2026

COURSE DESCRIPTION

This workshop offers a peaceful, meditative process centered on hand sewing to create a quilted panel known as a "Powershield Portal." Students will begin with cross-stitching as the focal point, then choose geometric shapes in vibrant colors to layer, hand stitch, embroider, and embellish with various beads and buttons. The careful process of choosing materials is an integral part of the meditation. Panels can be bound as stand-alone pieces or added to a larger project. Powershields are a visual representation of energy particles designed to absorb and transform negative energy into positive vibes, giving students a meaningful and beautiful final piece.

WHAT TO BRING

- Chalk pencils
- Sharp scissors for cutting fabric (optional)
- Ruler, minimum 12 inches (optional)

MATERIALS FEES | **\$40.00-\$70.00**

Fees are assessed on an individual class basis and may vary from class to class depending on the amount of materials used and the number of students in the class, this keeps your out-of-pocket costs lower than a typical flat fee. Fees include all provided studio materials as assigned by the Instructor. Material fees are to be paid in the Supply Store no later than midday on the last day of workshop instruction.

Please be advised that the above course description and materials list has been written and approved by the instructor.

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Instructor Contact
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