

ARROWMONT

SCHOOL OF ARTS AND CRAFTS

Medium: Books/Paper

Instructor: Suzi Banks Baum

Dates: October 11-16, 2026

COURSE DESCRIPTION

Students in this workshop will build a vessel for creative practice by embedding their book art with hand-stitched panels of plant-dyed fabrics and threads. The traditional coptic stitch journal becomes the canvas, with covers stitched with messages and decorative elements from threads dyed during the workshop. Students will cultivate a daily creative habit by working in a small journal, using paste paper painting with natural pigments and bundle dyeing paper with plant-derived color to saturate their books with vibrant originality. The class will cover basic embroidery stitches to embellish the papers, and discussions will focus on the ethical use of artist materials to reduce reliance on acrylics in the studio. Students can expect to engage with daily writing, poetry, drawing, and mindfulness practices, creating a studio atmosphere ripe with experimentation. Students will leave the workshop with a collection of colorful book forms and new techniques for working into those books.

WHAT TO BRING

- 1 - Apron
- 1 - Journal to write daily entries in and to take notes.
- 1 - Favorite pen for note taking and daily writing.
- 3 - Favorite pencils for writing
- A sample of your personal art work. Could be a poem, or a portable item-something that you have made that you would share to describe your personal practice.
- Personal imagery to use in paste paper. Xerox copies of photographs (not the originals) and a variety of collage materials like maps or magazine images. Other papery ephemera, if you have this on hand. It is not required.
- If you have a personal embroidery kit-fine scissors, thimble, etc.-bring it along. It is nice to stitch with familiar tools, if you have them and it is easy to pack. Likewise with book tools. You are welcome to bring your tools. Please make sure things are clearly labeled with your name.

MATERIALS FEES | **\$80.00-\$95.00**

Fees are assessed on an individual class basis and may vary from class to class depending on the amount of materials used and the number of students in the class, this keeps your out-of-pocket costs lower than a typical flat fee. Fees include all provided studio materials as assigned by the Instructor. Material fees are to be paid in the Supply Store no later than midday on the last day of workshop instruction.

Please be advised that the above course description and materials list has been written and approved by the instructor.

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Instructor Contact
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